

REG Summit 2019 WORKING GROUP MEETING Minutes: Technology Working Group

28th March 2019 Divani Palace, Athens, Greece

Meeting details			
Meeting location	Divani Palace		
Meeting date	28 th March 2019		
Meeting time	14.00-15.00		
Chair(s)	Ron Dandurand		
Objectives			
1	Consolidate ideas on "asthma exacerbations" project		
2	Update on external projects		
3	3 Determine leadership and direction for the working group		

Attendees: Esther Metting, Amanda Bracey, Sarah Lucas, Sinthia Bosnic-Anticevich, Alan Kaplan, Liam Heaney, John Busby, Guilherme Safioti, Lena Binetskaya, Dermot Ryan, Manon Belhassen, Eric Van Ganse, Heath Heatley, Jaco Voorham, Joseph Lanario, Ioanna Tsiligianni, Ron Dandurand, Naomi Launders

Items			
Minutes from ERS 2018	 Ron Dandurand presented the projects that were under discussion at ERS 2018 and updated the group. 		
Scoping review of smart inhalers	The scoping review for smart inhalers was presented briefly.		
Asthma exacerbations	A detailed discussion was held regarding the best way to approach this topic. Defining an exacerbation It was noted that determining the threshold for an exacerbation could be hard, and some exacerbations remain undocumented in primary/secondary care. There may be use of OTC medication and/or poor recall by the patient.		



	•	It was suggested that phenotypes and triggers needed to be taken into consideration and that medication consumption could be measured.	
A tool to identify exacerbations			
	•	A daily symptom tool and a measure of medication consumption	
	•	Is passive or active technology most appropriate?	
	•	Usability and acceptability	
	•	Will patients measure peak flow daily for example? Or use a	
		wearable that needs charging? Or can we utilize mobile phone	
		sensors? Much less reliable but passive and so potentially better	
		adherence.	
Wh		is the need?	
	•	What does the technology need to do and what is already out	
		there?	
	•	What impact can technology-solutions have on asthma	
		exacerbation detection and treatment and asthma control	
	•	List technologies and detail likelihood of compliance	
	•	What do patients want?	
	•	Could create a composite index of symptoms and simple	
		technology that patients would be able to comply with.	
	Metho		
	•	Prioritization exercise and Delphi	
	•	Systematic review of what increases risk of exacerbation	
	•	Comprehensive list of technology that is available	
	•	Patient needs and solutions stratified by phenotype	
	Action		
	•	REG to take comments into consideration in reviewing the current	
		proposal, and send to PIs and steering committee.	
	•	Ron Dandurand reported that the phase I manuscript from the	
		oscillometry harmonization project has been submitted. The	
		concept now needs validating in a real-world setting.	
	•	Ron Dandurand also provided an update on the relaxed expiratory	
		occlusion monitor (REOM), which is seeking funding.	
External updates	•	Finally, Ron Dandurand presented a novel CT biomarker for COPD	
		and ILD. Using machine vision, slope rather than density is	
		assigned to CAT scan voxels_using lines of isoluminescence. The	
		resulting image resembles a topographical map. Each voxel may	
		then be assigned metric of steepness; positive or negative for	
		convex or concave, respectively. This is being presented at ATS.	
	•	The room were asked for volunteers or nominations to act as	
Leadership and direction		working group lead for the group. As no one came forward, the	
Leadership and uncerton		group will continue with projects without a lead for the time	
		being.	